

## REGISTRATION FORM

Date of Workshop: \_\_\_\_\_, 2012  
Second Choice: \_\_\_\_\_, 2012

You will receive confirmation of registration along with instructions to the workshop venue upon receipt of payment.

\_\_\_\_\_  
Full Name

\_\_\_\_\_  
Full Name

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City, Province, Postal Code

\_\_\_\_\_  
Contact Phone Numbers (Day/Evening)

\_\_\_\_\_  
Email

\_\_\_\_\_  
Place & Date of Celebration

Please make your cheque payable to:

**Dr. Meiers & Associates Ltd.**

Please charge my credit card for **\$ 195.00**

\_\_\_ MasterCard \_\_\_ Visa

\_\_\_\_\_  
Account # Exp.

\_\_\_\_\_  
Signature

**CANCELLATION & REFUND POLICY:**  
Registrants cancelling up to 4 weeks before the workshop will receive a refund less a \$50.00 administration fee. By written request, the full course fee may be transferred to a future workshop.

## Workshop Leader:

Kim Law, M.Sc.  
Registered Psychologist  
Marriage & Family Therapist

Kim Specializes in work with relationships. She has several years experience in coordinating and leading marriage preparation workshops. She is a mother to four children and has been married for thirteen years.

- If we wish our human relationships to continue to grow and be sustaining, we can choose to make them a central focus.
- Love is an emotion; it is both an experienced feeling and something that moves us into action.
- To ensure a loving relationship, commit yourself to continued personal learning, development, and refinement of relationship skills.



**Gary J. Meiers, Ph.D.,  
JoAnn Hammond-Meiers, Ph.D.,  
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## Preparing for Your Marriage in 2012



An experience  
for your partner and yourself  
to continue developing  
important living and loving skills  
for a life together

## Learn more about:

- Developing your skills in intimate communication using clear speech and attentive listening;
- Managing conflict & negativity constructively;
- Effectively Solving Problems in 4 steps;
- Making your love last with continued fun and pleasure;
- Extending your friendship with the practice of respect, acceptance, & kindness;
- Identifying the most important things in your relationship and choosing to put them first;
- Acknowledging that your marriage is a life-long learning process;
- Exploring the changing expectations of marriage today and how you can respond in a positive and proactive way together.



The challenge for married people, then, is to not let the practicalities of life overwhelm the romance of their relationship.  
~ Marianne Williamson

## **Workshop Format**

Within a relaxed atmosphere, this workshop provides an opportunity to share and to learn useful skills which develop and maintain satisfying and healthy relationships.

Your experience will include presentations, demonstrations, and practical couple exercises. Small groups will have ample time for discussion and questions with the facilitator.

There will be private time for each couple to talk together.

## **Workshop Times:**

All workshops will be scheduled on Friday evenings and Saturday days.

Friday 7:00 pm – 9:00 pm  
Saturday 9:00 am – 5:00 pm

## **Workshop Dates: \*\***

\*\* (Please call the office to check availability)

February 10 & 11, 2012  
March 9 & 10, 2012  
April 20 & 21, 2012  
May 25 & 26, 2012  
June 8 & 9, 2012  
September 14 & 15, 2012  
November 16 & 17, 2012

## **Workshop Fees:**

The fee of \$195.00 will include all workshop materials, and complimentary Saturday morning coffee and muffin.

When registering please include a cheque or credit card number.

Full & partial scholarships are available on request.

The great secret to successful marriage is to treat all disasters as incidents and none of the incidents as disasters.  
~Harold Nicholson